Chapter 6. Major Destinations and Activity Centers

As part of the analysis of the mobility needs of the older adults, persons with low income, and persons with disabilities, an examination and plotting of common destinations of travel in all three counties was undertaken. In the previous section (Chapter 5), the size, location, and distribution of members of the target populations (i.e., trip origins) were described. This chapter focuses on the location of major destinations and activity centers (i.e., trip destinations).

Generally speaking, older adults, persons with disabilities and persons with low income travel to many of the same destinations as members of the wider population; these destinations include shopping centers; colleges and universities; employment centers; hospitals, and medical centers. There are, however, other destinations that may be more frequently used by members of the target populations, such as senior centers and adult day centers; medical clinics; dialysis facilities; employment training sites; and community/public facilities. Accordingly, the location and distribution of many types of destinations were examined.

In compiling the list of major destinations and activity centers, the following sources of information were utilized:

- A question posed on an online survey of transportation providers that asked respondents to list the type and address of the organization’s top five travel destinations;
- Interviews with Lower Hudson Valley SAC members and key stakeholders;
- A review of lists of county senior center locations;
- Lists of major medical facilities and commercial shopping facilities; and
- Agency locations.

Finally, the administrators of all three paratransit systems were consulted with to obtain statistical data on actual travel patterns, including common destinations of travel. Rockland County was able to provide trip data on the top 15 destinations of travel; in Westchester County, an extensive list of common destinations was provided (although trip statistics for the number of trips made to these destinations was not available). Specific trip destination data were not available from Putnam County.

Lower Hudson Valley

Overall, agency locations, medical facilities, government centers, senior centers, and shopping facilities were cited as the most common destinations of travel in the Lower Hudson Valley. In the following sections, key destinations are briefly discussed with maps of these locations. Where trip volume data were available (Rockland County), this is reflected by the proportional size of the symbol representing the destination type.

Westchester County

This distribution of key destinations reflects the overall population distribution and density of the county, with most locations founds in the White Plains area and the southern sections of the county bordering New York City.
Senior Centers
There are 25 senior centers mapped in Figure 6-1. While located throughout Westchester County, the geographic concentration of senior centers corresponds to general population trends, with most of the centers located in the southern sections of the county.

Hospitals
There are 10 major hospital and medical centers in Westchester County. These facilities are distributed primarily in the southern portions of the county. Additionally, some facilities, such as the Northern Westchester Hospital Center, are destinations of travel for residents of Putnam County.

Shopping and Retail Centers
Westchester County has a multitude of shopping centers, malls, and other retail activity. Some of the key shopping areas cited by SAC members, consumers, and providers are: Cortlandt Town Center, Cross County Shopping Center, Jefferson Valley Mall, Mall at The Source, The Galleria at White Plains, and the Vernon Hills Shopping Center, to name just a few.
Figure 6-1  Common Destinations and Activity Centers – Westchester County
Putnam County

Key destinations for Putnam County were identified from key stakeholder interviews, the community open house, and consumer focus groups. In addition to the county paratransit system, various agencies directly operate program services that focus on agency-related destinations (e.g., senior centers, etc.)

Senior Centers and Adult Day Centers

Transportation to the county’s senior centers and programs is being met by the County Office for the Aging. There is demand for transportation to some of the county’s nursing homes, some of which is met by existing fixed-route and paratransit services.

Hospitals, Medical Centers and Dialysis Facilities

Putnam Hospital was the most frequently cited destination in this category.

Shopping and Retail Centers

Putnam Plaza, the A&P, and Stop & Shop were frequently cited destinations of travel among the target populations.

Public Buildings

Metro-North train stations were cited as a frequent travel destination.
Figure 6-2 Common Destinations and Activity Centers – Putnam County
Rockland County

Rockland County was able to provide information on total trip volume activity for the 15 highest volume trip generators on the county’s paratransit system (T.R.I.P.S.). Human service agencies, the government center, dialysis centers, and other medical facilities dominate these destinations. Only one shopping facility made the list of top 15 destinations. The more expansive mission of Rockland County’s paratransit program clearly influences the destinations list relative to the other counties.

Human Service Agencies/Programs

Four of the top five destinations represent human service activities. Jawonio, a multi-purpose agency serving persons with disabilities, is the single largest trip generator. ARC, the Kathleen Lukens Center, and Camp Venture, are other human service agencies and programs in the top five.

Hospitals, Medical Centers, and Dialysis Facilities

Four medical facilities/dialysis centers are also in the list of top 15 destinations of travel. Two of these destinations are dialysis facilities, more of which are needed in the community, according to SAC members and consumer groups.

Public Buildings

The county health center on Sanatorium Road, which houses the aging program, social services, health, and mental health programs is the second largest trip generator.

Shopping and Retail Centers

The Palisades Mall, in West Nyack, was the only shopping facility in the top 15 destinations of travel.
Figure 6-3  Common Destinations and Activity Centers – Rockland County
Figure 6-4  Common Destinations  Top 15 T.R.I.P.S. Destinations, Rockland County

<table>
<thead>
<tr>
<th>Rank</th>
<th>Facility</th>
<th>Address</th>
<th>Total Trip Activity (Pick-Ups/Drop-Offs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Jawonio</td>
<td>260 North Little Tor Road</td>
<td>9,796</td>
</tr>
<tr>
<td>2</td>
<td>Robert Yeager Complex</td>
<td>50 Sanatorium Road</td>
<td>9,001</td>
</tr>
<tr>
<td>3</td>
<td>ARC</td>
<td>35 Hemlock Drive</td>
<td>8,520</td>
</tr>
<tr>
<td>4</td>
<td>Kathleen Lukens Living Center</td>
<td>250 Route 340</td>
<td>8,479</td>
</tr>
<tr>
<td>5</td>
<td>Camp Venture</td>
<td>58 Oak Colony Road</td>
<td>7,915</td>
</tr>
<tr>
<td>6</td>
<td>Helen Hayes Hospital</td>
<td>52 North Route 9W</td>
<td>6,865</td>
</tr>
<tr>
<td>7</td>
<td>Renal Care Rockland</td>
<td>131 Route 303</td>
<td>6,123</td>
</tr>
<tr>
<td>8</td>
<td>Independent Living Center</td>
<td>75 West Route 59</td>
<td>5,748</td>
</tr>
<tr>
<td>9</td>
<td>Weiss Renal/Good Sam Hospital</td>
<td>255 Lafayette Avenue</td>
<td>4,503</td>
</tr>
<tr>
<td>10</td>
<td>Tanglewood Group Home</td>
<td>724 S Pasack Road</td>
<td>3,963</td>
</tr>
<tr>
<td>11</td>
<td>Venture Industries</td>
<td>100 Convent Road</td>
<td>3,214</td>
</tr>
<tr>
<td>12</td>
<td>Palisades Mall</td>
<td>1612 Palisades Ctr. Dr.</td>
<td>3,082</td>
</tr>
<tr>
<td>13</td>
<td>Medical Complex</td>
<td>2 Crosfield Avenue</td>
<td>3,073</td>
</tr>
<tr>
<td>14</td>
<td>Veterans Center</td>
<td>20 Squadron Boulevard</td>
<td>2,987</td>
</tr>
<tr>
<td>15</td>
<td>Senior Housing</td>
<td>200 Dashew Drive</td>
<td>2,954</td>
</tr>
</tbody>
</table>

Source: Rockland County Department of Transportation.